**Welcome to Pangkor Marina**

Many of us cruisers stay here a long time preparing our boats for onward passages, and we all become part of the Pangkor family.

In order to make your stay as happy and stress free as possible we have put this list together to supplement the original list available from the office.

**Pangkor Marina**

Office working hours:

0900 to 1700 hours Monday to Friday

0830am to 1300 hours Saturday

Sunday closed

The marina staff are super helpful and will be able to answer most of your questions.

The marina office sells:

* Beer which can be delivered to your boat.
* Delicious low gluten and gluten free bread as well as lots of other artisan breads and croissants.
* ICE is also available from the office
* A small chandlery in the marine office, the website is <http://www.gbtmarine.com/public/>

If you want to have ships parts sent to Pangkor Marina the team help boaters to import goods tax free. You must use DHL or UPS. NEVER use FEDEX!!

Pot luck BBQs are one of the social highlights at Pangkor Marina & a great way to meet other cruisers. A BBQ can be organised at anytime so if you’d like to organise a get together pop in to the office and make your request

**SIM card top ups and Wifi**

SIM cards are sold in the Marina office. XOX SIM is using Celcom Validity and can be extended to 28 months with the unusual bonus that your credit will not expire.

SIM cards can be topped up from the ferry newsagent or any 7-11 store.

Aeon and Tesco at Sitiawan also have the various SIM providers so you can top up when you go to do your shopping.

Wifi is available in the marina in the multimedia room (opposite the security post) and is good for emails and FB. For big files use the office wifi for downloads.

**Cash machine / ATM**

ATM is available at Pangkor Island Ferry terminal. Take a ferry Rm14.00 two ways and it’s a 10 minutes ride to ferry terminal and 5 mins walk to the ATM.

There are cash machines at Aeon and Tesco’s in Sitiawan

**Alcohol**

Alcohol is available in the Non Halal sections of both Aeon and Tesco’s. Beer is sold in a number of restaurants and wine at selected restaurants.

**Food shopping**

Aeon Sitiawan

Large shopping mall with an extensive supermarket and department store. Sells a broad range of foods and including a non halal section which sells pork products and alcohol. Coffee beans are available at Aeon.

Tesco Sitiawan

Another large supermarket which sells a broad range of foods and has a non halal section which sells pork products and alcohol. Italian and French coffee and coffee beans are available at Tesco’s.

Value Mart, Sitiawan.

Great quality. Bit less expensive than Aeon/Tesco. Big range of fresh fish, chicken. The frozen meat section is BIG.

Wet market: It doesn't have a name but is next to the Manjung Bowling Alley.

Good parking. Go early for best pork, chicken, fish, seafood and HUNDREDS of fruit and veg. Stall owners are very happy to talk through stuff you don’t recognise and offer cooking suggestions. Also a great bakery on site.

Cake shop (for fresh meat too)

The cake shop doesn't have a Google map point yet. But it is on Jalan Dua right behind The Store which DOES have Google maps point

**Restaurants**

Where to begin? There are places to suit most tastes and every budget. Below are some of the places we have tried & would recommend.

All the restaurants below can be found in Google Maps.

**Pangkor Marina** **Complex**

High Time bar

Open 4pm - 1am(ish!) Beer, wine, cocktails. Good selection of local and western food. Snacks seem best. High Time will also show sport on Astro if you ask nicely. Good free WiFi and SUPERCOLD a/c

Popeyes café

Open from 3pm and serves local and western foods, moderate prices.

Rockbund Fishing Chalet, Marina Island, Jalan Utama Marina Island, Lumut, Perak

Situated outside the marina complex it’s but a moderate walk from the marina. Lovely views over the water and an interesting mix of western and local foods. Deals on beer here too

Restoran Makanan Laut Pertama (a personal favourite)

Don’t be put off by appearances this is a Great local café where the very talented chef uses the freshest ingredients to make some delicious meals.

**Sitiawan**

Long Mun Chai Restaurant: Vegetarian

A must go to restaurant for die hard vegetarians. There is a buffet and also an a la carte menu, who thought they could make such amazing food out of veggies and tofu!

Restoran Vasantha Bavan: (another personal favourite)

Try the banana leaf for lunch, you will not be disappointed and you won’t want to eat again for the rest of the day. Delicious food at local prices.

777 hawker centre:

Wander round and chose food from Indian, Thai & Chinese stalls. Great choices available and all for a reasonable price.

**Lumut** – beware Mon – Sun 9-5 you must leave a parking voucher visible on your dashboard (available from nearby shops)

Capri & the German restaurant & bar

These two restaurants are situated next door to each other and you can choose from either restaurant regardless of where you are sitting. Capri serves Italian food and the German restaurant specialises in pork knuckle and ribs with sauerkraut. These restaurants are priced higher than the local restaurants, however the food is delicious.

Pizza hut & Domino’s

To fulfil your pizza craving - cruisers are working on getting deliveries to the marina complex!

**Car hire**

Cars are available to hire from the Marina office for a minium of ½ a day. Long term rentals are also available. Speak to Akina or Roz in the marina office.

**Laundry**

A self help washing machine is at the shower block. Get the key from the Security post. The fee is up to you. (rm3.00 is recommended for an unlimited wash.)

If you don’t want to DIY then drop your washing in to the office in the morning, it will come back the next day clean and beautifully folded. Pay the marina staff for this service.

Only One Laundry' is about 5 mins along road from marina towards Lumut on left hand side. Good reports from cruisers.

**Pharmacies.**

Watson's in Aeon Mall has an excellent pharmacist called Catherine. Very good English and very well trained.

**Travel**

Lumut bus station has buses to KL and other parts of the country.

Transnational have a bus from Pangkor Marina office to TBS ( Kuala Lumpur).

Direct bus from Sitiawan (15mins) from the Marina. Star shuttle. http://www.starwira.com/service/star-shuttle/

Or marina office can help you book

Ipoh airport is 1 hour 30 mins from the marina, with 4 flights a day to Singapore.

Enjoy your stay ☺